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Focus family law

Association aims to reduce family conflict



Andrew Feldstein

In family law, it is always the extreme cases that make the A section of your newspaper or the evening news. Whether it is an abduction by a mother or father where children are taken out of the country, or family violence perpetrated by spouses or partners who at one time were in love with each other, family law is fraught with emotion and stress.

The Association of Family and Conciliation Courts (AFCC) is a professional organization whose goal is to help reduce and resolve conflict in families experiencing separation/divorce, and achieve better outcomes, especially for their children.

"AFCC is an interdisciplinary organization and our focus is the family," says Barbara Jo Fidler, a psychologist and president of the Ontario Chapter of AFCC who did her PhD dissertation on the effects of custody and access disputes on children.

AFCC is indeed a unique, international professional association with close to 5,000 members. In the U.S., the parent organization (www.afccnet.org) will celebrate its 50th anniversary in Los

Angeles in May, 2013. Ontario's chapter (www.afccontario.ca) is four years old and British Columbia and Alberta are organizing their own AFCC chapters

Our members do not share a common profession; quite the opposite—we are the most diverse and multi-disciplinary of teams. Among AFCC's members are judges, family law lawyers, court administrators, mediators, social workers, psychologists, psychiatrists, addiction specialists, counselors, researchers, and many others.

In a world with too much conflict already, AFCC does important work for the benefit of the family. That's why "in the best interests of the child" is a paramount principle in Canadian family law.

Why was the AFCC formed? What societal need do we fill?

AFCC is a referral network for its members. A referral can come from lawyers, mental health professionals, social workers, or others.

We help parents who make the same relationship mistakes over and over again, such as using their lawyer to vent their rage, or engaging their children as confidants to take their side, as messengers or spies—all huge mistakes. Sometimes we work with families where a parent purposefully tries to prevent the child from having a relationship with the other parent.

In many cases, it is the children of parents undergoing separation



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Barbara Jo FidlerOntario Chapter of the
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and divorce, not the parents themselves, who suffer lifechanging consequences. When children are involved in their parents' conflict, it robs them of a childhood and often causes irreparable harm.

AFCC has a strong commitment to education, innovation and interdisciplinary collaboration in order to benefit communities, empower families and promote a healthy future for children. Members deal with custody and access disputes and child protection matters through a variety of dispute resolution approaches.

AFCC offers its members training throughout the year, at conferences, workshops, think tanks and task forces. Online resources are available at both the chapter and parent websites.

"From our work and research with families over decades, we know that about 10 to 20 per cent of separating or divorcing families continue to engage in conflict, years after the separation," Fidler says. "These 'high conflict' families pose significant challenges for family law professionals... [as they] continue to be mired in unresolved emotional and psychological issues...[and] are unable to effectively separate."

In high-conflict separations, one or both partners are unable to move on emotionally. "So, fighting is a way to keep them engaged to avoid making the real separation," says Fidler.

The key to these high-conflict families, as many AFCC members have observed, is early intervention. The earlier families receive appropriate dispute resolution service — which may mean appearing before a judge in some cases—the better it will be for everyone concerned. But in certain courts, like the Greater Toronto Area for example, parents without lawyers account for about 50 per cent of cases. AFCC provides a venue for professional discourse on how to address this significant problem.

Today, AFCC Ontario has about 325 members, at least one quarter or more of which are family law lawyers. Yet, according to the Law Society of Upper Canada, there are 4,506 family law lawyers in Ontario.

For those family law lawyers who are not yet AFCC members, here is the perfect opportunity: The AFCC's fourth annual conference is coming up on October 18 and 19, 2012, in Toronto. It is a great place to meet new professionals, network with colleagues, learn the latest news, and share your own expertise. Please join us: http://www.afccontario.ca/afcc_ontario_conferences.html.

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Ring: Preferred approach is to treat it as an unconditional gift

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fected by delivery, it cannot be recovered. Since a promise to marry cannot be enforced, and long after divorce on a no-fault basis became accepted in Canada, the concept of a battle over ownership of the engagement ring appears artificial and anomalous at the very least." The third approach, applied in several British Columbia decisions, views the offer and acceptance of an engagement ring as evidence of mutual promises to marry such that if the contract is terminated, the parties ought to be restored to their pre-contract position. The analysis is founded upon principles of commercial and contract law, rather than principles of gift. See Hitchcox v. Harper. [1996] B.C.J. No. 1861 (S.C.); Sperling v. Grouwstra, [2004] B.C.J. No. 463 (S.C.); Zimmerman v. Lazare, [2007] B.C.J. No. 932 (S.C.).

In Zimmerman, the bride told the groom that their engage-

ment was over after a heated quarrel. The groom sued for recovery of the ring. Justice Ian Pitfield held that it does not matter who caused or what contributed to the termination of the engagement. If the engagement is dissolved, then, in the absence of agreement to the contrary, the ring must be returned in order to put the couple back to the positions they were in before the engagement.

The treatment of engagement rings varies among Canadian

jurisdictions. The weight of Ontario authorities dictates that ownership of the ring is determined by reference to who broke the engagement. However, this appears to be at odds with s. 33 of Ontario's *Marriage Act*, which provides that "where one person makes a gift to another in contemplation of or conditional upon their marriage to each other and the marriage fails to take place or is abandoned, the question of whether or not the failure or

abandonment was caused by or was the fault of the donor shall not be considered in determining the right of the donor to recover the gift."

This approach also suffers from the difficulty of having to find who terminated the engagement, either by words or by conduct, which is not always easy, as illustrated by *McArthur*. The demise of a relationship is rarely attributable only to one party.

It is high time that we inject some consistency and clarity into the law. The preferred approach is a simple one: to treat the ring as an unconditional gift to the recipient. This way, each party is clear on where they stand, and drawnout litigation over who gets the ring is avoided.

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